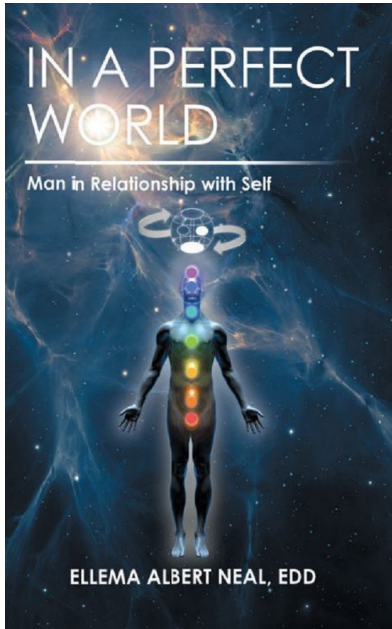


# Perfect World Trilogy Media Release



## Book one publication March, 2022

As the industrial-information age comes to an end, an era of evolving consciousness is beginning to emerge. In a Perfect World: Man in Relationship with Self, serves as a springboard for men to take a journey that leads to self. The first book in a trilogy, this volume will help you rediscover, come to know, and love yourself more deeply. You will call on the powers of witnessing, alchemy, and creativity to change your life and shape a new reality.

**164 pages**

## About the author

Ellema Albert Neal, Ed.D., is an author, coach, and technology leader. She earned a Doctor of Education in leadership for change with an emphasis on phenomenology, somatics, and communicative leadership from Fielding Graduate University. She also earned a Bachelor of Science degree in leadership from Union Institute & University as well as a computer programming and systems analyst certification and degree. She is an internationally published author who has served in leadership positions across a variety of secular and non-secular communities and Fortune 500 corporations.



## Genre

- Self-Help / General
- Body, Mind & Spirit / General
- Social Sciences / Men's Studies

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## Reviews

In a Perfect World answers the call to elevate our consciousness at home, at work, and in society. Grounded in research, Dr. Neal illuminates a pathway championing men in their growth and transformation process.

Cheryl Jones -Wellness Expert and Author

Dr. Neal's In a Perfect World invites the empowered man to engage in a process of self-sensing for integration and inner transformation. This book is for anyone who wants to explore an authentic expression of himself as a consciously evolving man.

James Knight, Founder of Gentle Somatic Yoga, Author and Movement Educator

Dr. Neal emphasizes with great power and compassion that for men in this age, personal transformation is not easy but is absolutely and undeniably worth it, for the evolution of self and soul.

Stephen Dynako - Director of Programming, ShiftCo., and Author

